

HEALTHY MINDS, HEALTHY BODS

ENVIRONMENTAL POLICY



Healthy Minds, Healthy Bods is 100% committed to tackling the challenges of sustainable development, supporting environmental good practice, and operating as a responsible body. It is our policy to continually evolve and implement practices that deliver economic security, social and environmental benefits.

Healthy Minds, Healthy Bods seeks to create an environment in which our clients feel valued and important, and our partners feel secure and confident.

Healthy Minds, Healthy Bods will:

- Conserve our use of natural resources as appropriate to the extent practicable
- Cut, to the extent practicable, the quantity and degree of hazard of the wastes we generate from any of our operations and procedures. We aim to recycle as much of our waste as is appropriate.
- Reduce our paper output, using electronic filing wherever applicable
- Train and educate all employees on our policy, its objectives and strategy
- Work with our partners, suppliers and our clients to help assure any adverse environmental aspects or risks are reduced and properly controlled, and environmental benefits optimised.
- Comply with all relevant legislation and regulations
- Work towards achieving Green accreditation

Healthy Minds, Healthy Bods believes that involvement in environmental and social issues should aim to achieve partnerships, which will benefit the community, as well as enhancing our own activities. This requires building long-term relationships with local partners and suppliers, so that we can deliver long-lasting benefits for our communities. Maintaining an open dialogue with the community is important in shaping the future of Healthy Minds, Healthy Bods and the community in which we operate.

Our Chief Executive will monitor any changes in legislation, and Healthy Minds, Healthy Bods will constantly strive for continual improvement and will regularly audit the effectiveness of this policy in ensuring we progress in the future.

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*Lawrence Curtis: Chief Executive
Summer 2018*

